



# **Disaster Planning: Tackle the Unique Challenges of IP Systems**

**Dave Chapman**

**President**

**Chapman Consultants**



## What Will Be Covered

- Expectations put on VoIP
- What does a disaster mean?
  - Business impact
  - The cost of preparedness
- Design considerations for Disaster Recovery
- A real world example
  - Emergency Operations for Anne Arundel County MD

## Expectations

- Voice services, whether traditional or VoIP are among the most critical of any IT services a corporation uses
- The ability to communicate with your co-workers and customers supports almost all other functions in the business
- When it's down, the IT organization is under tremendous pressure to correct it
- The longstanding impression that traditional voice is "always there" leaves a higher expectation on VoIP

# Expectations – Business Value



\*The N for the percentage of respondents who say business value met or exceeded expectations ranges from 89 to 47. For digital identity management, software as a service, and virtual servers and storage devices, N is less than or equal to 44.

- CIO Insight, August 2006
- 77% believe they get business value from Disaster Recovery/Business Continuity investments
- 69% see the value in VoIP!

## Enterprise: Business Impact

- For most Enterprises a disaster means lost revenue
  - Temporary loss or degradation of productivity
  - Loss of product or service delivery capability
  - Disconnection from customers
  - Worker safety concerns
- Many enterprises can calculate lost \$ per hour of downtime for system

## Public Safety: Business Impact

- For public safety, downtime can mean lost lives
  - No matter where I am, when I call 911 they can help me
  - Police and fire can be dispatched 24x7
  - Police and fire can call for backup
  - Additional resources can be called in
  - Officials can get updated in real-time *during* disasters
  - Some would say disasters ARE Public Safety's business

## Reliability - Enterprise

Reliability is a cost/benefit analysis for each “service” the company offers

- There may be an acceptable amount of downtime before business suffers
- Solutions can range from complete redundancy with live backup datacenters, to a prayer that nothing bad will happen
- May choose not to be “reliable enough” to manage a particular disaster
  - Some disasters may mean you don’t have any customers

## Reliability – Public Safety

Cost/benefit is pretty straight forward

- Services that are life or death must be supported
  - Others are often ignored during a time of disaster
- Police/fire are expected to pull out all the stops to keep things operational
- Redundancy for key systems is paramount



## Cost - Enterprises

Disaster preparedness viewed like insurance

- Most enterprises can afford a specific level of protection for each “service” but cannot afford to support “ultimate” redundancy
- There are businesses who don’t see the value in paying for “insurance”
- Semi-regulated businesses are required to have a specific level of operational capability, regardless of the disaster

## Cost – Public Safety

“Customers” of the agency (ie: taxpayers) *assume* that services will be available in disaster situations

- Budget however is typically limited by those same taxpayers
- There is limited or no visibility into reliability or the cost of reliability from the taxpayer perspective
- Federal dollars are now much more available to fund local disaster preparedness following 9/11
- Some agencies pursue reliability of services at all costs, to the detriment of delivering other services

## Cost in General

- In some cases the proper reliability may make a system cost 2-3x what a “normal” system might cost
- I like to say:
  - “The last 1.999% of the “99.999% uptime” will cost you more than 2x what the first 98% did!”
- This is why a cost/benefit analysis is so critical for the bottom line of any business
  - Ask yourself questions like these:
    - If 50% of your phones don’t need to be up 99.999% do I need a system to support them?
    - If a hurricane is big enough to take down my datacenter for 3 days, will I actually have customers during those 3 days that will call me?

## Design Considerations

- System design should reflect the types of disaster you hope to be prepared for
- Some questions to ask:
  - Do you absolutely need 99.999% uptime?
    - Do you need it everywhere?
  - How long can you be out unexpectedly?
  - Which portions of the business can afford to be out more than others? (if any)
  - What types of outages do I need to be prepared for?

## Design Considerations: Physical Disasters

- When preparing for facilities that are destroyed or damaged you must plan for remote site operations
- There are 2 types of facility destruction you have to be prepared for:
  - Datacenter
  - End-user spaces
  - Both!

## DataCenter Damage

- At a high level, with VoIP you have 3 choices:
  - A hot-standby remote datacenter
    - Load balancing operations a consideration
  - A cold-standby remote datacenter
  - A “leased service”
- When the datacenter is co-located with office space the backup datacenter must be capable of supporting backup office space
  - Note that with traditional voice, the PBX is almost always with the office space
  - Supporting backup office space with a traditional PBX may mean a new PBX and new phone numbers
- Small remote sites may be supported with backup systems that are not possible with traditional PBX
  - For example Cisco’s SRST (Survivable Remote Site Telephony)

## DataCenter Details

- External phone connections
  - External numbers are unavailable when the site they connect to are down, even with VOIP
  - VoIP is extremely flexible, but PSTN gateways connect to “Fixed” phone lines
  - Consider multiple terminations for the PSTN connectivity
  - 800 numbers are easier to re-direct, but may take time if not planned ahead
- IP is an advantage *internally*, as it’s easy to re-route calls once on the IP network
  - With IP, an extension can actually be anywhere on the network *without* IT involvement
  - Changing the internal dial plan can be done yourself with no help from the phone company

## Datacenter Details

- With larger environmental disasters, your datacenter might easily be repaired, but support services might not be available (PSTN, power, networks)
  - Might cause you to go to backup systems even if everything in the building is functional
  - You might not be granted access to the building in cases of a state of emergency being declared
    - Ask the folks affected by hurricane Katrina, even public safety organizations had a hard time getting contractors in to fix equipment
  - Obtaining fuel for backup generators will become an issue for longer-term disasters
  - BIG consideration for datacenters that support employees OUTSIDE of the disaster area



## Datacenter Details

- Datacenter's dependence on power and telecommunications require redundant power sources and diverse telecom routing
  - Power requirements may mean two diverse routes as well as backup generators (don't forget the fuel supply!)
  - Double and triple check telecom routing, you may THINK you are getting diversity that is not really diverse
  - Same applies to VoIP systems that are not in a true datacenter, but a "computer room"
- Don't forget the cooling system
  - It should have extra capacity for individual units to go off line for failure or maintenance

## Datacenter Redundancy

- Having a second datacenter in a distant location is just the first step!
  - PSTN connectivity planning is CRITICAL
  - Failover planning and testing is a MUST
  - The location must be far enough away that one event does not impact both locations (this is possible with VoIP)
- The most faithful design is a “load balanced” environment, where both datacenters are functional at the same time, and each can handle the full load when one fails
  - Requires no manual intervention, happens automatically
  - Obviously most expensive, and hardest to implement/operate
  - Not really feasible with traditional PBX

## Datacenter Redundancy

- The next best thing is a standby datacenter
  - Requires some manual intervention, which extends or interjects down time
  - Requires regular and consistently updated synchronization routines
    - May be automated
  - Less costly, but takes longer to get up and running
  - The telecom infrastructure must be in place and operational
  - This is a service offered by many 3<sup>rd</sup> party vendors
  - Again, a possibility because of VoIP

## End-user Space

- When the end-user space(s) are confronted with a physical disaster different factors are at work
  - Most enterprises cannot and do not have redundant office space for an entire staff
  - Workers themselves must be relocated, not just “bits and bytes” like a datacenter
  - If the datacenter is still operational, then it can all be done with IP!
    - The challenge is getting the new office space connected, after that, it’s practically automatic

## End-user Space

- IP connectivity to the backup location becomes the critical factor
  - Is it a fresh, newly acquired site?
  - Is it a leased, pre-arranged site?
  - How long will it take to get a WAN link up?
  - Can you do it over the Internet with a VPN?
    - Yes, at least temporarily
- Phones and LAN gear the next factor
  - Are people locked to a specific phone, or are you doing “hotel” services, and any phone from the right vendor will do?
    - Possible with VoIP, but has to be planned ahead of time
  - Is phone configuration locked to MAC address?
    - Almost like the traditional PBX technology, if you are doing this, you are not taking advantage of VoIP!
- And of course you need the IT staff to put it all together

## IT Staff and Disasters

- VoIP expertise is hard to come by!
- Don't underestimate the importance of managing an IT staff during a large-scale disaster
  - Remember, it's likely that they are personally affected by the disaster too
    - Families must be cared for
    - Personal property must be looked after
    - They get emotionally and physically worn down
  - Plan to give them assistance!
    - They may need a place to stay, food, help with family matters, transportation to and from work, time to regenerate, etc
  - Extra services and flexibility required at the office
  - Many might not be able or *willing* to come in at all

## Backups

- Even with two datacenters, it makes sense to have off-site and on-site backups
  - Don't forget that VoIP systems are spread of MANY components, unlike traditional PBX systems
- TEST your backups
  - Make sure they are valid
  - Make sure the staff knows HOW to do it
- Keep duplicates onsite for quick recovery, and off site for when the on-site is destroyed
- Secure them, they contain your business knowledge!

## Quick Points for Large Disasters

- Determine business requirements ahead of time
  - Be realistic
  - Involve all aspects of the business, particularly facilities
  - Make sure everyone understands the COST
- Build a plan based on true business needs and budget
- Get “buy in” on the plan and the budget
- Build it!
- Test it, repeatedly and regularly
- Repeat all steps on a regular basis



## Tricks of the Trade

- Maintain a small number of POTS lines for emergency use
  - Spread them throughout the facilities
  - Don't depend on them to be there ALL the time
  - Don't connect them to the VoIP system, make them direct phone company POTS lines
- Obtain a two way radio system for the IT staff to use during recovery
  - Helpful even in small disasters and for every day use
  - Will work even when cell phones don't

## Self-Inflicted Disasters

- The good news is that they are typically “recoverable” if you have your act together
- The bad news is that most people will believe that you don’t have your act together (even if you do!)

## Preventing Self-Infliction

- Change control process
  - The number one way to avoid taking down VoIP on accident
  - The number of components in a VoIP system compared to a traditional PBX makes this crucial
  - Must have ALL aspects of IT involved
  - Must really analyze how each change will impact the VoIP system
  - Must be followed, don't be tempted to do something "extra" while you have your hands dirty
- Testing
  - Build as realistic a test lab as possible
  - Try each change you intend to make ahead of time

## Preventing Self Infliction

- Proactive Monitoring and Management (network and servers)
  - Again, the complexity and “entropy” of a VoIP system makes this more critical than a traditional PBX
  - Capacity planning
    - Traditional PBX systems have a “fixed” performance curve  
VoIP does not
  - Fault monitoring
  - SLA monitoring
  - Simulations (Load testing)
  - Post-change “status checks”
    - Simulate calls
    - Automate configuration checks
  - Regular security scans

## Recovery From Self Infliction

- Maintain “known good” configurations
  - Regular backups
- Know how to restore from backup
- Hardware maintenance
  - Spares
  - Good response time for equipment repair
- Communications with end-users
  - Proactive notifications
  - Follow-up updates

## Vendor Induced

- Most of the time this is a circuit outage or power failure
  - Backhoe Fade!
- Might also be considered systems that are infected with a virus or just a major bug
  - Much more likely with VoIP systems
- Hardware failures
- At least you can shift the blame a *little* bit
  - But! Did you do your homework when you picked that vendor?

## Preventing Vendor Induced

- Where possible use multiple vendors
  - Two connections to a site from different service providers
  - Careful about last mile, often they are supplied by the SAME local phone company!
    - Make sure it's TRULY a diverse set of circuits
  - Might also consider different types of physical connections (fiber and microwave?)
- Backup generators, and UPS from the datacenter to the edge devices
  - Use POE in switches for phone power to eliminate having a UPS under every desk!

## Preventing Vendor Induced

- Maintain good service contracts
  - This can't prevent a hardware outage, but can limit your exposure by getting fast service
- Consider some “self sparing” when you have a lot of a particular piece of hardware in production, or when something is prone to failure
- Implement redundancy where possible and affordable
  - For example on some stock trading floors there are 2 PCs on every desk, each one connected to 2 separate switches in 2 different wiring closets connected to redundant routers... you get the picture!



## Design Considerations –Public Safety

- For natural disasters, phones, systems and networks will be in highest demand when storm conditions are approaching their worst, and then in the timeframe immediately after a disaster
- Bandwidth requirements could more than double as police/fire resources are ALL called in for work
  - Assistance from outside communities increases need even further
- Large scale disasters easily destroy large portions of networks and data centers
  - Often requires the use of “non-traditional” layer 2 communications such as microwave to provide diverse routing
  - POWER requirements will mean generators and a means of delivering additional fuel

## Design Considerations for Public Safety

- Redundant datacenters *may* be located a safe distance outside of the jurisdiction, but office space and communications **must** be locally maintained
- While SOME natural disasters have advanced warning, man-made disasters are far more unpredictable
  - Additional capacity needs to be available immediately, without ramp-up time
- IT support staff and vendor maintenance may be unavailable for periods of time
  - Often demands the ability to self-spare some parts

## Anne Arundel County EOC

- AA County has a Emergency Operations Center that operates 24/7
- AA County is in central Maryland and home to several “critical” pieces of infrastructure
  - BWI Airport
  - Maryland State Capital
  - Chesapeake Bay Bridge
  - US Naval academy
- It’s also about 30 minutes outside of Washington DC
- Core components include an IP network, and VoIP telephony

## AA County Backup EOC

- Early in 2005, the Director of emergency services had a vision of providing “redundant” EOC capabilities through the use of a “Mobile Command Vehicle”
- The vehicle had the following primary objectives:
  - Remain operational in the event the primary EOC is unavailable
  - Manage emergency operations using the National Incident Management System (NIMS) from a mobile environment
  - Stream video surveillance footage and have video teleconferencing capabilities from the Mobile Command Vehicle back to the Anne Arundel County EOC
  - Establish Interoperable Communications with any agency in the State of Maryland and jurisdictions the border Maryland
- Primary issue: “interoperability” among disparate radio systems during emergency situations

## Communications Interoperability

- AA County chose the ARINC Wireless Interoperable Network Solutions (AWINS™) as the communications platform both within the vehicle AND in the EOC
  - Uses VoIP as a means of providing “radio interoperability”
  - Provides “anywhere” connectivity through the use of Satellite communications
  - VoIP provides the mobile communications, “portable” phone numbers, and ability to dynamically adapt to emergency situations
  - VoIP phones can now also communicate with radios

## MCCU-1

AA County's Mobile Command and Control Unit 1 was introduced in the fall of 2005 with the following capabilities:

- Communications vehicle designed to allow for mobile communications and RF interoperability.
- Will allow for mobile communications and interoperability between 17 RF Systems (479 Frequencies-250 programmed), 20 IP Phones, and 10 POTS/Cell connections at one time.
- Other capabilities include Video Teleconferencing, Video Surveillance, and Data Applications

# MCCU-1

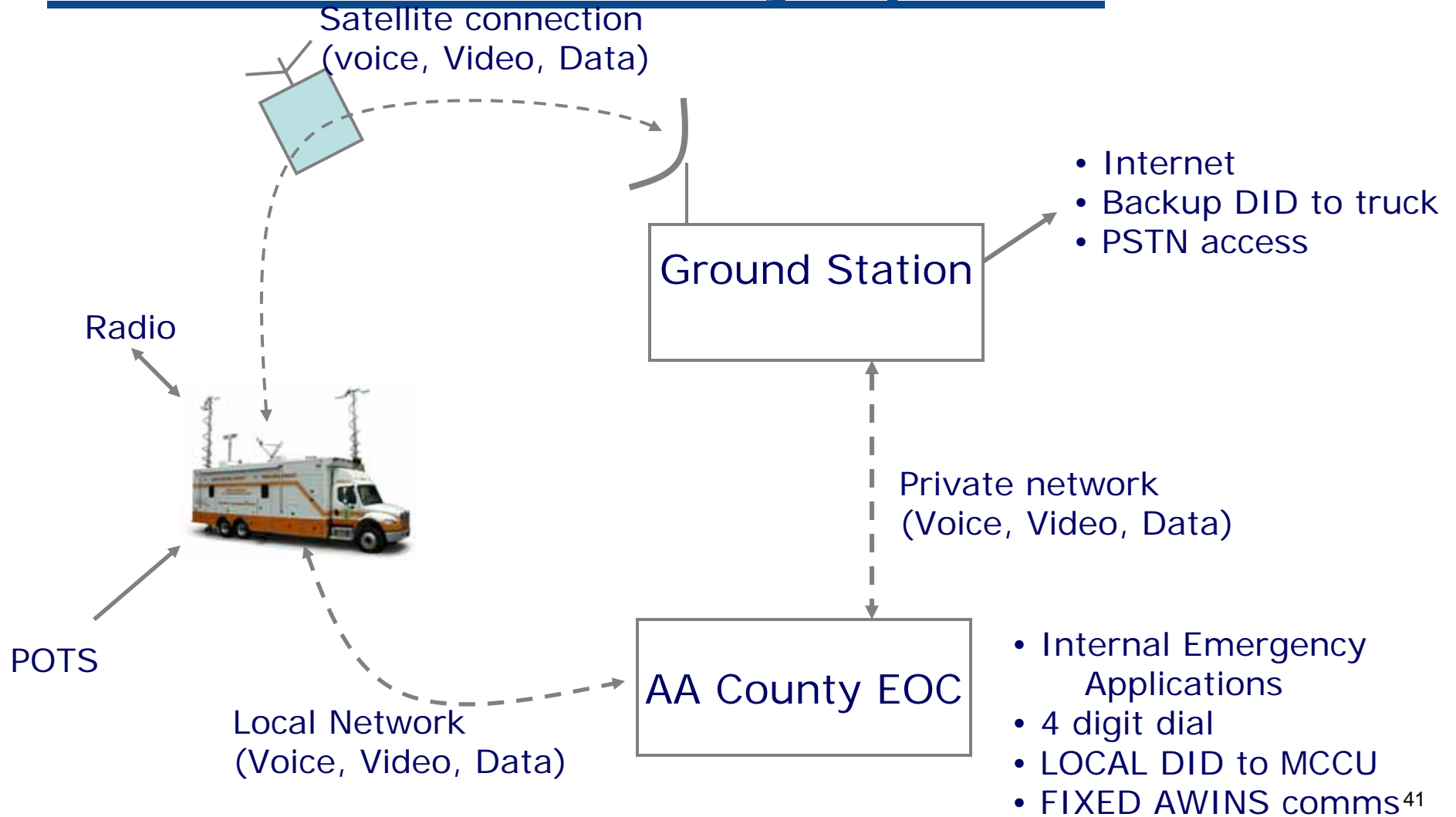


## EOC Redundancy

- MCCU-1 is a backup EOC, in that all calls to the EOC can be re-routed to MCCU-1 in the case of an evacuation of the EOC
- It is kept in a physically separate part of the county from the EOC
- Completely mobile and capable of operating FAR away from any danger in AA County
- Connections via land line when available for telephony, and IP connectivity, or Satellite when required



# Network Connectivity Options



## Redundancy IN MCCU-1

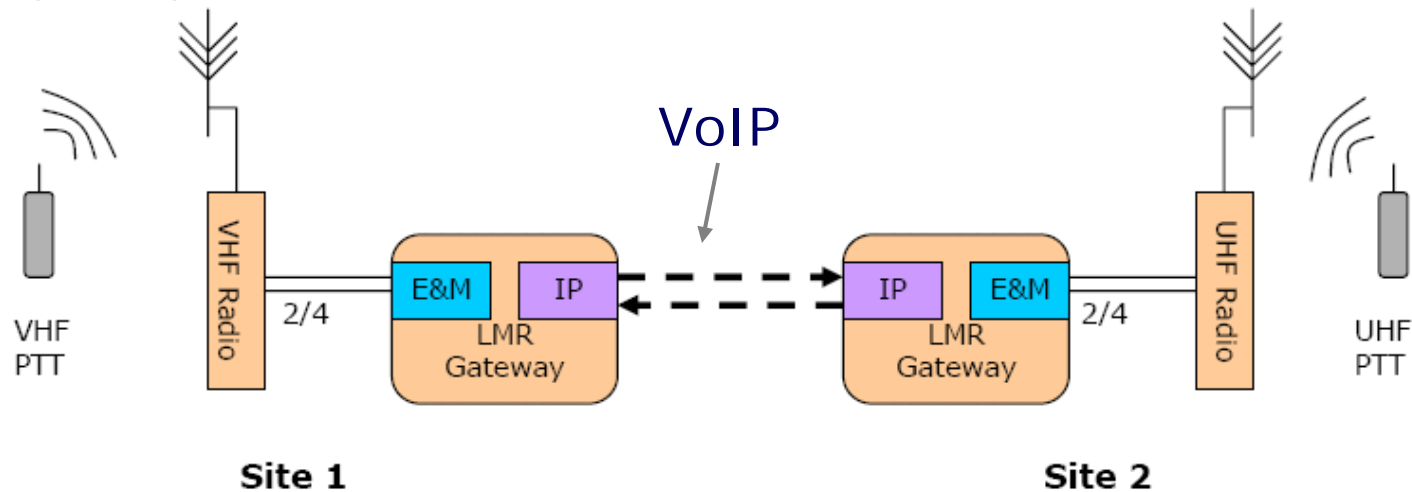
- Two racks, one on each side of the truck contain:
  - Fully redundant routers
  - Redundant switches
  - Redundant Land Mobile Radio gateways
  - Duplicate Cisco CallManagers
  - UPS
- Most popular Radio frequencies have 2 radios ( supports up to 24 total radios in the vehicle)
- Ruggedized laptops
- 12 dispatch stations, where each user can use both a phone and laptop to communicate via RADIO AND VoIP

# Dispatch Stations



## Radio Interoperability

- Disparate Radios can communicate with each other via VoIP



- Also allows communications among:
  - Radios, cell phones, Nextel PTT, pots phones, VoIP phones, Video Conferencing

## Hurricane Katrina Support

- MCCU-1 was deployed to Jefferson Parrish within 3 weeks of delivery to the county and was operational within 45 minutes of arrival
- Mission was to provide communications support for walk-in medical clinics
- Team consisted of 14 Maryland jurisdictions and 7 other groups (lots of different radios!)
- Easily met both the local communications requirements AND Video conferences, and telephone updates to Maryland
- Provided Internet access to all volunteers on the mission
- Operated flawlessly for more than 3 weeks, all on generator power

# Operation Lifeline



## Key Points to Take Home

- 3 basic types of disasters
- Planning a key requirement for success
- Develop a plan in concert with business requirements
- VoIP gives you flexibility INSIDE the network
- Still vulnerable to the reliability of the PSTN
- Even small increases in redundancy escalates cost significantly



## QUESTIONS?

**Contact:**

**Dave Chapman**

[Dave@chapmanconsultants.com](mailto:Dave@chapmanconsultants.com)

**410 340 7597**

